How to Wash



Soak it

luke warm water



Soak for 30 minutes in cold or Do not use hot water as it permanently stains stain



Wash clothes by washing soap or powder



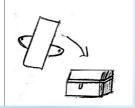
Do not use a brush as it reduces the softness of clothes



Clean it with cold or luke warm water with soft hands

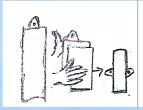


Dry it in the sun so that it is completely sterilizedwith sunlight



Keep it at clean place away from dust and insects

How to Use Anokhi Care Cloth Sanitary Pads



Turn the rectangular' clothes in such a way

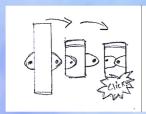


Keep the pad face upwards and keep Close the button on the wings of the it on the underwear

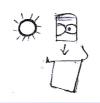


pad below the underwear

How to Care



Make a fold in such a way



Put in the travel bag



Open according to convenience and wash according to the instructions

We also organize free of cost workshops on sustainable menstruation and hygiene



Anokhi Manay Seva Samiti, B-11 Housing Board Colony, Mandsaur, Madhya Pradesh, Call us at +91 9406612909, anokhicare@gmail.com visit www.anokhicare.in for more details